

Progress Record

Client Name.		Start Date.		
	Task	Date achieved.	Comments.	Signature.
Step 1	Able to recite Step 1			
	Can explain powerless and unmanageable			
	Can explain 'mental obsession'			
	Can explain 'craving'			
	Completed Step 1 questions			
Step 2	Able to recite Step 2			
	Explains belief, higher power			
	Can discuss being restored to sanity			
	Can list personal strengths			
	Has identified own areas to be changed			
	Completed Step 2 questions			
Step 3	Able to recite Step 3			
	Describes turning our will and our lives over			
	Explains what is meant by God as we understood him			
	Can demonstrate a decision making process.			
	Completed Step 3 questions			
Step 4	Able to recite Step 4			
	Can explain searching and fearless			
	Can explain 'moral inventory'			
	Describe some motivation blockers			

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	Sets some personal goals			
	Completed Step 4 questions			
Step 5	Able to recite Step 5			
	Can describe who and what we are admitting to			
	Can list and describe some mind traps			
	Completed Step 5 questions			
Peer Support				
	Has lead a group on Step 1			
	Has lead a group on Step 2			
	Has lead a group on Step 3			
	Has lead a group on Step 4			
	Has lead a group on Step 5			