

Step 8

Client Questions 8.1

Write down Step 8 and learn it off by heart.

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Write down some amends that are straight forward.

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What important relationships did you destroy or damage because of your addictive behaviours?

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How have you hurt yourself by practicing your addiction?

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How did you cause injury or harm to others by your inappropriate reactions to life?

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Do you have financial amends that you don't want to make?

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How have you stolen, cheated, or lied to avoid the consequences of your addiction?

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