

What does it mean for you to turn your will and your life over to the care of a God of your understanding?

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What areas of your life will be difficult to turn over?

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What action have you taken to follow through on your decision?

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Can you make a decision just for today?

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Why is it important that you turn things over?

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Will you have to compromise any of your principles or ideals?

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In order for your recovery to continue will you have to lie to anyone?

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In order for your recovery to continue will you have to be disloyal to anyone?

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How does your Higher Power communicate?

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Is your current concept of a Higher Power still working?

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Select a time when you made a decision on your own that turned out to be the wrong one. What may have been different if you had listened to others?

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Did you make a decision and still carry it out even though you knew it was wrong?

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Did your pride or anger not allow you to back down?

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Why is it important you follow Step 3?

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