

Explain what the phrase 'Came to believe' means to you.

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Write down your views on a power greater than yourself.

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What does 'restore' mean?

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Explain your understanding of insanity.

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Did you ever give up on a dream or wanting to achieve something because of your addiction.

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What friendships have you lost that were of value to you?

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Do you have problems accepting that there is a power greater than you?

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Can a Power greater than you help you stay clean and sober?

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What are the strengths of having a Higher Power?

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How has some sanity already been restored to you in your recovery?

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What are you willing to do to be restored to sanity?

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Are you willing to follow someone's direction?

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What is your understanding of Step Two?

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