

Self will, as described in the dictionary is given as “Obstinately doing what one wants in spite of the wishes or orders of others’. Write in your own words what this statement means.

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How has your self-will affected your life?

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How has your self-will affected others?

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Describe a time in your life when you made a decision to let someone else do something for you.

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Give an example of turning your will over to someone else.

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Choose a time in your life when you asked for the help of a higher power.

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Do you want to become more loving, honest and unselfish, why?

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Do you have any reservations about your decision to turn your will and your life over to God's care?

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What action do you plan to take to follow through on any decisions made recently?

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How does working the remainder of the steps fit into your plan?

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Are you struggling with changing beliefs about the nature of a Higher Power?

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Describe the process of making a decision.

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What is a pros and cons list?

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